

Your daily guide to FUN.

Breakfast

6:00am Coffee & Danish.....Unicorn Cafe
 7:00am-11:00am Breakfast on deck.....Unicorn Cafe
 8:00am-10:00am Open Sitting ...Truffles Dining Room

Lunch

11:00am-6:00pm Grill.....Unicorn Cafe
 12:00pm-3:30pm Lido Lunch & Salad Bar Unicorn Cafe
 Noon-11:00pm Deli Unicorn Cafe

"Taste of Nations"

A featured cuisine from around the world each day.
Today's Feature - Mexican!

Dinner Information

Suggested attire for this evening is - 'Cruise Casual'.

Traditional Dining

Truffles Restaurant - Decks 2 & 3, Aft.
 early Dining: 6:00pm * Late Dining: 8:15pm

Total Choice Dining - Open Dining

Truffles Restaurant - Atlantic Deck 3, Aft.
 Continuous Service from 5:45pm to 9:30pm.
 Guests assigned to open Dining are invited to dine when and with whom they choose each evening.

Seaview Bistro

6:00pm - 9:30pm.....Unicorn Cafe

Late Night Bistro

11:30pm - 1:00amUnicorn Cafe

Available 24 Hours

Ice Cream & Frozen Yogurts.....Unicorn Cafe

Pizza Bar

Open 24 Hours.....Unicorn Cafe

Sushi Bar

5:00pm - 8:15pm.....Dk 2 Midship

GOLDEN FLEECE STEAK HOUSE

Thick juicy USDA Prime Steaks grilled just the way you love 'em, loaded baked potatoes, Jumbo Shrimp Cocktail, 12 oz Lobster Tail, and much more, all served by our friendly staff at an unbelievable price!
 We are open for reservations between 10am & 10pm so call # 0773 now!

DAILY DRINK SPECIAL "Mexican Mama"

Keep the glass for only \$6.95

MORNING SPECIAL: Bloody Mary's & Mimosas:

9am - 12pm ~ \$3.95

ODYSSEY BAR-"Martini's Galore"

Enjoy our Legendary Martini's!

TODAY'S CARNIVAL SIGNATURE DRINK:

'Mojito' -

Bacardi Limon, mint leaves, fresh lime juice, sugar & club soda.

BAR HOURS:

Avalon Pool Bar DECK 9 8:00am - 7:00pm
 Unicorn Bar DECK 9 8:00am - 4:00am
 Legend Lobby Bar DECK 2 8:00am - 12:30am
 Odyssey Lounge DECK 3 5:00pm - 11:30pm
 Atlantis Wine Lounge DECK 2 5:00pm - 11:30pm
 Dream Team Sports Bar DECK 2 6:30pm - 12:00am
 Cigars Available in Dream Team & Unicorn bar
 Cigar smoking allowed in Dream Team & Open Decks only

FRESH JUICES/POWER SHAKES

Lido Deck Pool DECK 9 8:00am -10:30am
 & 3:30pm - 5:30pm

SPECIALITY COFFEE SHOPS:

Coffee to Go! We also have tasty pastries, milk shakes and ice cream sundaes & Chocolate covered Strawberries.
 Lido Coffee Shop DECK 9 7:00am - 4:00pm
 Legends Cafe DECK 2 7:00am -11:00am
 & 3:00pm -12:00am

YOUTH PROGRAM HIGHLIGHTS

Check your Camp CarnivalSM, Circle CSM Caper and Club O²SM Capers for a full list of activities.

ROOM SERVICE

24hr room service is complimentary. It is, however, customary to extend a gratuity upon service.

LAUNDRY SERVICE

Take advantage of our Wash & Fold Laundry Promotion for \$15. Contact your Stateroom Steward for pick up

LIQUOR POLICY

All liquor purchased ashore will be collected at the gangway by ship's staff. Your stateroom steward will deliver all liquor on the final day of the cruise.

WAKE UP CALLS

Do not lift the handset. Simply press the "wake up call" button on your phone. You will then see a black triangle flashing on the phone's display. Enter the time you would like to wake up in 24 hour time. (0700 for 7am or 1900 for 7pm) Then press the "wake up call" button again. The triangle should stop flashing on the display indicating that the wake up call is programmed.

CELLULAR PHONE SERVICE

Stay Connected Out at Sea using your cellular phone. International roaming rates apply. Please turn off your cellular phones during dinner and shows.

MEDICAL CENTER OPEN 8:00am - 8:00pm

DIAL 911 IN CASE OF EMERGENCY

Located Deck A FWD. Phone #4444
 Doctor's hours are 8am - 11am & 4pm to 7pm. All medical expenses will be charged to your Sail & Sign[®] card. Seasickness tablets, Tylenol and Band-Aids are available from room service or at the Guest Services Desk for your convenience.

SWIMMING POOLS/WHIRLPOOLS

8am - 8pm.....Forward Pool & Hot Tubs
 8am - 10pm.....Midship Pool & Hot Tubs
 8am - 10pm.....Lido Aft Pool (Adults Only)
 8am - 12am.....Aft Hot Tubs
 Swim at your own risk. Do not Dive or Jump in to Pool.

CARNIVAL'S TWISTER WATERSLIDE

Sea Days 10:00am - 5:00pm & Port Days 12:00pm - 5:00pm
 Weather & Conditions Permitting

BEACH TOWELS

You can get towels from your Steward or on Lido Deck for you to use onboard & to take ashore in the ports. A \$22 replacement fee will be posted to your Sail & Sign[®] account for any towel not returned to where it was received from. To purchase as a souvenir, please contact your Stateroom Steward for a new one to take home.

COMPLIMENTARY MOVIES

Channel 33 **The Day The Earth Stood Still**
 Shown at: 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am
 Channel 34 **X-Files: I want to Believe**
 Shown at: 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am
 Channel 35 **Journey to the Center of the Earth**
 Shown at: 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am

Going ashore in Cozumel:

In Cozumel we will dock along side a pier. This means you will be able to walk off the ship and onto land.

The gangway will be located on Deck A Forward.

If you are on a shore excursion, most tours meet at the end of the pier. Please be there at least 10 to 15 minutes prior to your tour's departure time.

Please remember your Tour Tickets, Shopping Map, Sail & Sign[®] Card and photo I.D. when going ashore.

Arrival to Cozumel ~ Approx. 10:00am.
Please be back on board no later than 5:30pm.
The Carnival Legend will set sail at 6:00pm.
Remember to stay on ship's time

Carnival Cruise Lines Environmental Compliance Hotline For all concerns related to Carnival please contact 1-305-406-5863 (International); 1-888-290-5105 (North America); or 4ENV (From your ship phone)
 Environmental Compliance web site www.carnivalcompliance.com "Carnival's goal is to be the industry leader for environmental excellence"

Are You Flying On These Airlines When We Get Back to Tampa?

Air Tran, American Airlines, Delta Airlines, Jet Blue Airways, United Airlines.

Take advantage of our Luggage Express service! For just \$20 per person you can have your boarding pass & bag tags printed on board.

The night of Debarkation, leave your bags in the hallway and the next time you see them will be at your home airport.

Some restrictions apply, see the Guest Services desk for more details.

Deadline for enrollment is 10:00pm on Thursday



SAFETY MESSAGE OF THE DAY

Serious injuries and deaths have resulted from accidents involving the rental of mopeds or scooters. We strongly discourage their rental.

Welcome to Cozumel Mexico

Sunrise 7:03am **Wednesday July 1st, 2009** Sunset 8:23pm

Captain: Vito Giacalone

Chief Engineer: Nunzio Priolo / Hotel Director: Guna Chellam / Cruise Director: Jen Baxter

Approx. Arrival in Cozumel 10:00am ~ Back Aboard 5:30pm ~ The Legend will set sail at 6:00pm
KEEP YOUR WATCHES ON SHIP'S TIME! COZUMEL IS 1 HOUR BEHIND SHIP'S TIME

The gangway is located on Deck A Forward. Have your Sail & Sign[®] card & photo ID with you at all times!

In case of emergency call 011-52-987-872-3779/1558/1508

IMPORTANT: PLEASE NOTE: FOOD, PLANTS, FLOWERS, WILL NOT BE ALLOWED OFF OR BACK ON BOARD FROM ALL PORTS OF CALL AND SOUVENIR WEAPONS SUCH AS KNIVES, SWORDS, AND SPEARS ARE STRICTLY PROHIBITED ONBOARD.

PHOTO GALLERY

Your Friendly native Indians will be waiting for you at the gangway, smile for the camera while you exiting the ship. **Photo Gallery Special:** Film Developing Service: Drop your roll of film and receive a free mini album for only \$5.28 (for 24 exp) **Casual Portraits** - 7.15 – 8.30pm & 9.30 – 10.30pm. Photo Gallery Hours: 6.00pm to 11.00pm. Try out our new self service photo kiosk in the photo gallery. Make photo books, greeting cards and more.

SHORE EXCURSIONS

Amazing Tours! The Best & Safest way to see Belize and Roatan! **BOOK NOW.** From the Comfort of your own Cabin! Make the most of this once in a lifetime trip by going on an organized tour. Stay with other Legend guests and be guided through beautiful and interesting sights. And organized tours are ... **SAFE!** Tours do sell out ...tickets for remaining tours are available now, so book yours early! Tour Desk open 8:30am - 9:30am & 6:00pm - 8:00pm, Guest Services Desk - open 24 hours.

ON TOURS TO MAINLAND MEXICO?

A reminder to all guests on tours to Mainland Mexico, the time of your last tender back to the ship will be indicated to you by the tour operators. Please make certain you are aware of when to be back to the tender location to be brought back to the ship.

SHOPPING ASHORE

TODAY IS YOUR BIG SHOPPING DAY! **WHATEVER YOU DO - ENSURE THAT YOU TAKE THE TIME TO SHOP & TAKE ADVANTAGE OF ALL THE INCREDIBLE SAVINGS & SELECTION!!!**

Cozumel is your day for all of your Diamonds, Tanzanite, Ammolite, Alexandrite, Watches, Mexican Handicrafts, Silver & Carpets! Join Dominica & Elgan for "The Summer Blowout Sale!" and Save up to 70% OFF US Retail Prices @ Diamonds International # 1D on your map from 10am-12pm. **THE TAX & DUTY FREE SAVINGS + UNBEATABLE SELECTION = YOUR SHOPPING DAY THIS CRUISE!** Remember to pack your Map, VIP Cards, Shopping Coupons & be sure to collect your FREE DI Charms to add to your collection! For BELIZE VIP Cards, Maps and Shopping Coupons be sure to visit Dominica & Elgan at their desk tonight from 7:00pm-9:00pm, Deck 2 Fwd.

Shops On Board

Located on Deck 3, Atlantic Deck.
Open 6:30pm - 11:00pm

INCH OF SILVER SALE !!!

Buy 21" or more and receive 2 FREE matching bracelets

TURQUOISE JEWELRY

Set in Sterling Silver
"Stone of Life"
20% off US Retail

Lowest Prices Guaranteed

CLUB MERLIN CASINO

Full Casino opens after sail until late...

Raffle draw at 10pm. 3 Lucky winners will spin the "Revolution of Fun" wheel. See your Casino Host or Cashier Desk.

FACE UP BLACKJACK!

Ever want to see both of the dealer's cards?
Try our Face Up Blackjack!

Live cash game in our Poker Lounge!
Players meet at 7, 8 & 9 & 10pm
ONLY \$40 Buy In

You must be 18 years old or over to enter in the Casino.
A 3% surcharge will apply to cage & table Sail & Sign® transactions only.

ART GALLERY CLOSED TONIGHT ONLY
Keep your eyes out for the next exciting event with your art team

DID YOU KNOW THAT PETER MAX HELPED SPEARHEAD THE CAMPAIGN TO RESTORE LADY LIBERTY?
WANT TO KNOW MORE?
YOUR ART TEAM WOULD LOVE TO MEET YOU

REGULAR HOURS
6:00PM - 9:00PM

Art Gallery - Round table room, Deck 3 Aft

INTERNET CAFE

Early Bird Special - 5 FOR 5

From 8:00am - 10:00am go Online for 5 minutes and the next 5 minutes are free. Please note: To receive full credit you must be online for 10 minutes during your session. Limit: One 10 minute session per user.

Purchase your 2nd Time Plan and receive up to 30 bonus minutes. See the Internet Cafe Manager for details. The Internet Café is on Deck 3 fwd in the Holmes Library - open 24 hours a day or connect anywhere on the ship using the Carnival WiFi network.

FORMALITIES

Celebrating an occasion? Let us help you to make it special! What about sending some flowers? (Free delivery to your dining room table or Stateroom. Call 0699 for enquiries Open 3pm - 6pm & 6:30pm - 10:30pm. (Deck 3), Midship

SEA MILES

- Any Cruise Line. Any Time.
 - Free gift for applying • 5,000 Bonus Sea Miles
 - No Annual Fee, 0% interest on balance transfers
 - 2 points per dollar you charge on Sail & Sign Card
 - 2 points on Carnival bookings
- Desk Hours today: 6:00pm-7:00pm & 8:00pm-10:00pm. Instant credit available.

CARNIVAL GOLF .COM

There are still a few slots available for VI Video Analysis lessons. Call Clinton at 7908 to book your appointment. **BREAKING SPECIAL - TIGERS DRIVER NOW \$100-00 OFF! ONLY \$199-99EACH.** Don't forget about the New Nike Dymo Driver Special - 50% OFF, Not to be missed!

FUN SHIP ACTIVITIES

Mini Golf, Basketball & Ping Pong

Equipment for all of the above is available at the towel station on Deck 9 Midship. Please bring your Sail & Sign card to check out equipment as a deposit is required. The towel station is open from 8am to 8pm.

Crosswords and Puzzles

9:00am.....Legend's Cafe
Coffee Time Trivia

10:00am.....Legends Cafe,
Crosswords and Puzzles

12:00pm.....Lido Deck Stage
Basket Ball Free Throw

1:00pm.....Dk. 11 Fwd.
Sunshine Quiz

2:00pm.....Lido Deck Stage
Mini Golf Tournament

3:00pm.....Putting Green, Dk. 11 Fwd.
Crazy for Cartoons! Quiz

4:00pm.....Lido Deck Stage
Slogans Trivia

7:00pm.....Legends Cafe
Famous Faces

7:30pm.....Satchmo's Lounge
Say what you see game!

8:00pm.....Satchmo's Lounge
Mature Singles Meet and Greet?

11:00pm.....Satchmo's Lounge

THE NEWLYWED NOT SO NEWLYWED GAME WITH JEN

"Gets Kinda spicy...It's the Jerry Springer version"
9:30pm.....Follies Lounge

BARGAIN BINGO \$500 JACKPOT!

3 cards for Only \$10!
10:00pm.....Follies Lounge

SPA CARNIVAL®

Deck 9 FW or Call #0700 - Open 8am - 10pm

FREE SEMINAR @ 9:00am - Legends Cafe
INCREASE YOUR METABOLISM

HEAVENLY MASSAGE

Take world off your shoulders with a Back, neck, and shoulder massage
Rejuvenating scalp massage
& a foot & ankle massage.
ONLY \$99

SALON SPECIAL

Neck & Shoulder massage,
Mini facial,
Foot & ankle massage
ONLY \$69

TEENS ICE CREAM PARTY

Calling all teens between the age of 12 - 17 come hang out with friends while eating ice cream and pampering your feet with our signature ice cream pedicure.
7:00PM - ONLY \$39

Main Show

SHOWTIME
The Physical Comedy of

Max Winfrey

Lighting: David
Sound : Scotty
Stage Technicians : Pedro & Julie

8:45pm Early
10:30pm Late
Follies Lounge

Get there early we kindly ask that you do not save seats! No videotaping/photography of this show due to international copyright laws. Thank you!
There is NO bar service on Decks 3 and 4

MUSIC AND DANCING

Jazz with Darin and the Orchestra

5:30pm - 6:15pm & 8:30pm - 10:30pm.....Odyssey Lounge

Great Sounds with Justin

5:15pm - 6:15pm & 7:15pm - 11:15pm.....Colossus Lobby

Good Time Music with George

5:30pm - 6:30pm & 7:30pm - 11:30pm.....Atlantis Lounge

Karaoke Fun with T.J.

8:30pm - 12:30am.....Firebird Lounge

Lifeline get you Dancing

8:00pm - 1:00pm.....Satchmo's Lounge

Variety Music with Tony Ray

8:30pm - 1:30am.....Casino Bar, Dk. 2

Latin Music Hour with DeeJay the DJ

10:00pm - 11:00pm.....Medusas Lair

The Latest Tunes with DeeJay the DJ

11:00pm Late.....Medusas Lair

Wednesday

6:00am Gymnasium opens.....Dk 10

7:30am FabAbs.....Deck 10 Fwd

8:00am Fresh Juices and Power shakes.....Lido Deck Pool

Spa, Salon, Barber, Teeth Whitening Clinic & Boutique Open

Spinning (\$12 Fee).....Deck 10 Fwd

Early Morning walk & Stretch.....Deck 10 Fwd

8:30am Shore Excursion Desk Open til 9:30am.....Dk 2

9:00am Increase your Metabolism.....Legends Cafe

Puzzle Pick-up Time.....Legends Cafe

10:00am Arrival in Cozumel (approx)

Coffee Trivia Time.....Legends Cafe

Library Open 'til 11am.....Dk 3 Fwd.

12:00pm Puzzle Time.....Lido Deck Stage

1:00pm Basket Ball Free Throw.....Dk. 11 Fwd.

2:00pm Sunshine Quiz.....Lido Deck Stage

3:00pm Mini Golf Tourney...Putting Green, Dk. 11 Fwd.

Formalities Opens.....Dk 3 Fwd

3:30pm Card players meet unsupervised.....Card Rm

4:00pm Crazy for Cartoons Quiz...Lido Deck Stage

5:00pm Formalities open.....Dk 3 Fwd.

5:30pm All guests back on board

Friends of Bill W/Jimmy K.....Chapel

6:00pm Carnival Legend sets Sail

Photo Gallery Opens.....Dk 3

Shore Excursion Desk Open til 8pm....Dk 2

Sea Miles Desk Opens.....Dk 2 Fwd

6:30pm Casino Opens.....Dk 2

Onboard Shops Open.....Dk 3

Formalities Opens.....Dk 3 Fwd

7:00pm Slogans Trivia.....Legends Cafe

Shopping Ashore Desk Opens.....Dk 2 Fwd

7:30pm Famous Faces Game.....Satchmo's

8:00pm Say what you see game.....Satchmo's

8:45pm Showtime.....Follies Lounge

9:30pm Newlywed Game.....Follies Lounge

10:00pm Bargain Bingo - 1/2 price!..Follies Lounge

Blast From the Past Disco.....Club O²

Revolution of Fun Raffle Drawing.....Casino

Latin Hour.....Medusa's Lair

10:05pm Circle CSM Meet for Group Photo...Deck 4 Fwd.

10:30pm Showtime.....Follies Lounge

11:00pm Mature Singles meet & greet.....Satchmo's

Club Opens.....Medusa's Lair

In case of emergency while in port call

011-52-987-872-3779/1558/1508