

Food & Drink Showcase

Breakfast

6:00am Coffee & Danish..... Unicorn Cafe
 6:30am-11:00am Breakfast on deck..... Unicorn Cafe
 7:30am-9:30am Open Sitting ...Truffles Dining Room

Lunch

11:00am-6:00pm Grill..... Unicorn Cafe
 12 Noon -11:00pm Deli Unicorn Cafe
 12:00 Noon -3:30pm Lido Lunch & Salad Bar..... Unicorn Cafe
 12:00pm -3:30pm Lido Asian Corner..... Unicorn Cafe
"Taste of Nations"
 A featured cuisine from around the world each day.
Today's Feature - French!

Dinner Information

Suggested attire for this evening is - 'Cruise Casual'.

Traditional Dining

Truffles Restaurant - Decks 2 & 3, Aft.
Early Dining: 6.00pm * Late Dining: 8.15pm

Your Choice Dining - Open Dining

Truffles Restaurant - Atlantic Deck 3, Aft.
 Continuous Service from 5:45pm to 9:30pm.
 Guests assigned to open Dining are invited to dine when and with whom they choose each evening.

Seaview Bistro

6:00pm - 9:30pm..... Unicorn Cafe
Late Night Buffet under the Stars
 11:30pm - 1:00am..... Lido Deck 9
Available 24 Hours
 Ice Cream & Frozen Yogurts..... Unicorn Cafe
Pizza Bar
 Open 24 Hours..... Unicorn Cafe
Sushi Bar
 5:00pm - 8:15pm..... Dk 2 Midship

GOLDEN FLEECE STEAK HOUSE

Thick juicy USDA Prime Steaks grilled just the way you love 'em, loaded baked potatoes, Jumbo Shrimp Cocktail, 12 oz Lobster Tail, and much more, all served by our friendly staff at an unbelievable price!
 We are open for reservations between 10am & 10pm so call # 0773 now!

DAILY DRINK SPECIAL "Blue Margarita"

w/ Souvenir Glass \$6.95

MORNING SPECIAL: Bloody Mary's & Mimosas:

9am - 12pm ~ \$3.95

ATLANTIS LOUNGE- 5:00pm - 8:30pm

"Wine & Cheese Special"

ODYSSEY LOUNGE- 5:00pm - 8:30pm

"Martini's Galore"

TODAY'S CARNIVAL SIGNATURE DRINK:

"Long Island Iced Tea" - Beefeater Gin, Skyy Vodka, Bacardi Rum, Sauza Horito: Tequila & Cointreau w/ citrus & coca-cola.

BAR HOURS:

Unicorn Bar	Deck 9	8:00am - 4:00am
Legend Lobby Bar	Deck 2	8:00am - 12:30am
Avalon Pool Bar	Deck 9	8:00am - 1:00am
Odyssey Lounge	Deck 3	5:00pm - 11:00pm
Atlantis Wine Lounge	Deck 2	5:00pm - 11:00pm
Dream Team Sports Bar	Deck 2	5:00pm - 12:00am

Cigars Available in Dream Team & Unicorn bar
 Cigar smoking allowed in Dream Team & Open Decks only
FRESH JUICES / POWER SHAKES
 Lido Deck Pool Deck 9 8:00am - 10:30am
 & 2:00pm - 5:30pm

SPECIALITY COFFEE SHOPS:

Coffee to Go! We also have tasty pastries, milk shakes and ice cream sundaes & Chocolate covered Strawberries.
 Lido Coffee Shop Deck 9 7:00am - 4:00pm
 Legends Cafe Deck 2 7:00am - 10:00am & 3:00pm - 12:00am

YOUTH PROGRAM HIGHLIGHTS

Camp CarnivalSM (2-11 yrs)

7:00pm Fun Ship Freddy Souvenir available for purchase...
Deck 2 Lobby
 10pm - Mini Late Night Party (6-8 year olds)..... Noah's Ark
 10pm-3am Babysitting (0-11 Year Olds-Fees apply)... Noah's Ark
Circle CSM (12-14 yrs)
 11:00pm Circle CSM Disco..... Dk 4 Fwd
 Check your Circle CSM Caper and your Club O^{2SM} Capers for a full list of Activities

CELLULAR PHONE SERVICE

Stay Connected Out at Sea using your cellular phone. International roaming rates apply. Please turn off your cellular phones during dinner and shows

LOVE THE FEELING OF BEING PAMPERED?

Let luggage Express take care of getting your bags home for \$20 per person. Your airline boarding pass and baggage tags will be printed on board and your bags will conveniently checked through to your home airport. all you have to do when you get to the airport is walk to the gate. See the Guest Services desk for more details. Deadline for enrollment is 10:00pm tonight (Thursday).

LIQUOR POLICY

All liquor purchased ashore will be collected at the gangway by ship's staff. Your stateroom steward will deliver all liquor on the final day of the cruise.

TENDERS & TENDER TICKETS

General Tender Information.

Tenders are boats which run continuously to transfer you from the ship to the shore & back. Where the tender drops you off on the pier is the same location to catch the tender back to the Legend.

For all Guests who have booked a tour you do not need a tender ticket.

Please meet in the assigned lounge, listed on your Tour Ticket, 15 minutes before your tour says to meet.

For all guests NOT on a tour:

Tender Tickets will be available starting at 9:30am in the Follies Lounge Deck 2, forward.

Any guest who is NOT on a tour and would like to go ashore early, MUST have a numbered tender ticket.

Once you are ready to go ashore, starting at 9:30am, please proceed to the Follies Lounge, Deck 2 Forward. You will receive a numbered ticket and then be asked to wait in the Follies Lounge until it is time for the staff to lead you down to the gangway for you to go ashore.

Please let the sailors assist you when boarding the tender boats.

An announcement will be made informing all guests when tender tickets have stopped. After that announcement you may proceed to the gangway at your convenience.

If you are traveling with a large group please ensure that all of your group has the same tender sticker number. Once the tendering sticker operation begins it can take a while to finish. We ask for your patience and understanding in these operations. Due to the increased security levels at all of our ports we have found that things can be very slow and unpredictable at times.

Thank you

Keep your watches on ship's time !!!

Carnival Cruise Lines Environmental Compliance Hotline

For all concerns related to Carnival please contact 1-305-406-5863 (International); 1-888-290-5105 (North America); or 4ENV (From your ship phone) / Environmental Compliance web site www.carnival.com/compliance
 "Carnival's goal is to be the industry leader for environmental excellence"



MEDICAL CENTER

DIAL 911 FOR AN EMERGENCY

Located Deck A FWD. Phone # 4444. Open 8am - 8pm
 Doctor's hours are 8:00am to 11:00am & 4:00pm to 7:00pm. All medical expenses will be charged to your Sail & Sign[®] card. Seasickness tablets, Tylenol and Band-Aids are available from room service or at the Guest Services Desk for your convenience

CARNIVAL'S TWISTER WATERSLIDE

Sea Days 10:00am - 5:00pm & Port Days 12:00pm - 5:00pm
 Weather & Conditions Permitting.

SWIMMING POOLS/WHIRLPOOLS

8am - 8pm.....Midship Pool & Hot Tubs
 8am - 10pm.....Forward Pool & Hot Tubs
 8am - 10pm.....Aft Pools (Adults Only)
 8am - 12am.....Aft Hot Tubs
 Swim at your own risk. Do not Dive or Jump in to Pool.

COMPLIMENTARY MOVIES

Channel 33 **27 Dresses**
 Shown at 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am
 Channel 34 **Twilight**
 Shown at 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am
 Channel 35 **College Road Trip**
 Shown at 9am, 12pm, 3pm, 6pm, 9pm, 12am, 3am & 6am

Carnival Capers

Your daily guide to FUN.



SAFETY MESSAGE OF THE DAY
 When using the stairwells, always use the hand rails

Welcome To Belize!

Sunrise 7:24am

Thursday July 2nd 2009

Sunset 8:29pm

Captain: Vito Giacalone

Chief Engineer: Nunzio Priolo / Hotel Director: Guna Chellam / Cruise Director: Jen Baxter

Arrival in Belize 8:00am ~ Last Tender from the Pier 4:00pm ~ Legend Sails at 5:00pm

KEEP YOUR WATCHES ON SHIP'S TIME! PLEASE SEE BACK PAGE FOR TENDERING INFO.

Make sure you have your Sail & Sign[®] card & photo ID with you at all times!

In case of an emergency contact: **0011-501-227-8855 or 011-501-610-4886**

IMPORTANT: SERIOUS INJURIES AND DEATHS HAVE RESULTED FROM ACCIDENTS INVOLVING THE RENTAL OF MOPEDS OR SCOOTERS. WE STRONGLY DISCOURAGE THEIR RENTAL.

PHOTO GALLERY

Old Time Casual Portraits. We will dress you up as old timers and take photos. By the lobby bar Deck 2, From 7.15 pm – 8.30pm & 9.30pm – 10.30pm
Photo Gallery Hours 4.00pm – 11.00pm.
 Try out our self-service digital kiosk and make your own posters, Calendars, Photo books, cards and much more. Digital Kiosk location Photo gallery Deck 3.

SHORE EXCURSIONS

BELIZE IS A TENDER PORT. ALL TOURS IN BELIZE MEET ON THE SHIP IN THE DESIGNATED LOUNGES. Please check your tour tickets for details. Please allow 15 minutes before tour departure to come in the designated lounge, receive tour stickers and be escorted to the Gangway when tender transportation is ready. Last minute tour tickets are available at the Guest Services Desk. Shore Excursion Desk Open.....6:00pm - 8:00pm.

FUNSHIP FILMS

Our Videographers will be around shooting the best of all activities, shows and tours. Professionally edited DVDs can be ordered to take home with you at the end of the cruise. Reserve your copy today at the Photo Gallery on Dk 3 Midship and keep watching channel 19.

SHOPPING ASHORE

Belize is YOUR DAY TO SAVE!!! Step right off the tender & you are only steps from all the BEST BUYS!
 YOU WILL SAVE HUGE ON: Breitling, Cartier, TAG, Movado, Phillip Stein, Crown of Light, Ammolite, Kabana, and all of your Diamonds, Tanzanite & Gems!
 Don't miss extra savings with Dominica & Elgan @ Diamonds International # 2 on your map from 10am - 12pm for the "Sales Event of the Cruise!" *Don't miss the Live Raffle @ 12pm & PICK UP YOUR CHARM!
 Remember to pack your Map, VIP Cards and Shopping Coupons & be sure to stick to all the recommended stores! For ROATAN VIP Cards, Maps & Shopping Coupons be sure to visit Dominica & Elgan at their desk tonight from 7:30pm - 9:00pm, Deck 2 Fwd.

Shops On Board

Open after sailing, approx. 7:00pm, until 11:30pm. Located on Deck 3 Midship.

**50% OFF
 DIAMOND & SHIMMERING
 TOPAZ SALE**
 Huge selection under \$500

One Day Only!

Ask our professional experts to find the right piece for you.

Two Year Guarantee on All our Fine Jewelry
 You will not find this deal anywhere else!

Everything is tax and duty free!!

CLUB MERLIN CASINO

Casino opens 2 hours after sailing.

BLACKJACK TOURNAMENT

7:30PM – 10:30PM

Only \$20 to enter.

FIRST PRIZE = \$500

Free Raffle Drawing for all tournament entrants for a Wild Card entry into the final.

CARIBBEAN STUD DIAMOND EDITION!

Jackpot over \$75,000.00!

Get your souvenir deck of cards for only \$1.

You must be 18 years old or over to enter in the Casino. A 3% surcharge will apply to cage & table Sail & Sign® transactions only.

FAST AND FURIOUS FUN WITH THE LIGHTNING FAST ART AUCTION

The excitement begins at 5pm after sailing

Lobby lounge deck 2, Mid ship

30 minutes only - no preview

free artwork for attending

4.45 pm registration Later tonight

PLAY "GUESS THE PRICE OF THE PETER MAX"

WINNER GETS A LARGE FORMAT WORK OF ART

6:00 - 9:00 PM

ART GALLERY - ROUND TABLE ROOM DECK 3 AFT

INTERNET CAFE

50% OFF AT THE INTERNET CAFE

Today from 4pm – 6pm get 50% off Pay as You Go charges. Time Plan users: Half your Time Plan minutes used from 4pm-6pm will be credited back to your account at the end of the day. Pay As You Go users will have half the minutes used from 4pm - 6pm credited back to their account at the end of the day. Internet Café Located on Deck 3 fwd- in the Holmes Library Open 24 hours a day

FORMALITIES

Pamper yourself with our luxury treats. Let us help you celebrate your special occasion! Please call 0699 for enquiries. Open 4pm - 6pm & 7:00pm - 10:30pm.....Dk 3

SEA MILES

• **Any Cruise Line. Any Time.**
 • Free gift for applying • **5,000 Bonus Sea Miles**
 • No Annual Fee, *0% interest on balance transfers
 • **2 points** per dollar you charge on Sail & Sign Card
 • **2 points** on Carnival bookings
 Desk Hours: 5:00-7:00pm & 8:00pm-10:00pm Dk. 2 Fwd.

CARNIVAL GOLF.COM

In case you are in the market for New Nike Custom Fit Golf Clubs, or just want to hit some balls, you have your chance tomorrow. The **FREE Nike Demo Hour** is from 3pm-4pm at the Golf Cage - Deck 10 Midship. Come & see for yourself the difference the SQ Hybrids can make for your golf game or perhaps the New Victory Red irons. There are only a few spots open for VI Video lessons on Saturday. Dial # 7908 to make your appointment w/ Clinton



Wear your BATHROBE to the Biggest Party of the entire week TONIGHT!

FAMILY FUN HOP + LIDO DECK PARTY!

10:00pm:

RED TEAM meet in Medusa's Disco

BLUE TEAM meet in Satchmo's Lounge

* **CARNIVAL COLORS MARGARITA SPECIAL***

Blue or Red - Only \$4.50

9:30pm ~ Party Music w/ KOOL RUNNINZ

11:00pm: BOTH TEAMS meet on Lido Deck. Deck Party Fun & Games Begin

MUSIC AND DANCING

Good Time Music on Deck with Justin

4:00pm - 5:30pm.....Lido Deck

Piano Music with Luigi

4:00pm - 5:00pmLegends Cafe

5:30pm - 6:30pm & 7:30pm - 10:30pm.....Odyssey Lounge

George with those classic tunes

5:30pm-6:30pm&7:30pm-11:30pm.....Atlantis Lounge

Good Time Music with Justin

7:30pm-8:15pm&9:30pm-11:30pm.....ColossusLobby

Karaoke Time including the Fun Hop with Misty

8:00pm - Midnight.....Satchmo's Lounge, Dk 2

Sing Along Tunes with Jeff

9:00pm - Late.....Billies Piano bar

Calypso Music with Kool Runninz

9:30pm - Late.....Lido Deck Party

Club Opens with DeeJay the DJ

12:00am - LateMedusa's Lair

SPA CARNIVAL®

8am-10pm...Barber Shop, Spa & Salon opens
Deck 9 - Call 0700

20/20/20

Back, neck & shoulder massage

Foot & ankle massage

Lime & Ginger full body scrub

Hand & arm massage

Mini Facial

Hot stone back massage

Reflexology

Scalp massage

Skin nourishing milk wrap
CHOOSE ANY 3 FOR ONLY \$99

SALON SPECIALS

Salon Teaser – Deep hair conditioning treatment, scalp massage, neck & shoulder massage.

Now Only \$69

MAGICAL MANICURE & PEDICURE

Let our International

Nail Tech work her magic on your hands & feet.

TODAY ONLY \$74

Appointments require 24 hours notice to cancel or change

Main Show

An Evening of Motown and more...

Jerome Dabney

Music by Darin Presley & the Legend Orchestra

7:00pm Late Seating

9:00pm Early Seating

Follies Lounge

Get there early we kindly ask that you do not save seats! No videotaping/photography of this show due to international copyright laws. Thank you! There is NO bar service on Decks 3 and 4

JACKPOT POWERBALL BINGO

We're playing for a guaranteed \$700. If you call bingo on the powerball number we'll triple it to **\$2,100**

8:30pm.....Follies Lounge

ACTIVITIES

Mini Golf, Basketball & Ping Pong

Equip. avail. at the towel station - Deck 9 Mid. 8am-8pm.

Bean Bag Toss open play

9:00am - 3:00pm.....Legends Lobby, Dk. 2

Brain Teaser Crossword & Puzzle Pick-up Time

9:00am ~ Legends Cafe & 12:00pm ~ Lido Deck Stage

Card & Bridge Players Meet (Unsupervised)

11:00am & 3:00pm.....Trump Card Room

Ping Pong Tournament

1:00pm.....Deck 9 Fwd.

Big Screen Movie - Bride Wars

2:00pm.....Firebird Lounge

Sunshine Quiz

2:00pm.....Lido Deck Stage

Ring Toss Competition

3:00pm.....Lido Deck Stage Area

Diving for Pearls

3:30pm.....Lido Deck Pool

Jen's LIVE Call in TV Show

5:00pm.....Channel 17

Sports Trivia

5:00pm.....Dream Team Sports Bar

Music Trivia

5:30pm.....Legends Cafe, Dk. 2

Thursday

7:00am Morning walk & stretch.....Deck 10 fwd
 7:30am Fab Abs.....Deck 10 fwd
8:00am Arrival in Belize (approx.)
 Gymnasium Opens.....Dk 10
 Fresh Juices / Power ShakesLido Deck pool
 Barber, Teeth Whitening Clinic, Spa & Boutique Opens
 Bean Bag Toss open play.....Legend Lobby 2,
 Daily crossword & puzzle pick-up.....Card Rm.
 Ping Pong Tables openDk 10
 Library Open until 11:00am.....Dk. 3
 Bridge & Card Players Meet unsupervised.....Card Rm
 Daily crossword & puzzle pick-up.....Lido Stage
 Chess, Checkers & Cards.... Card Rm. Dk. 2
 Ping Pong Tournament.....Dk. 9 Fwd.
 Fresh Juices / Power ShakesLido Deck pool
 Big Screen Movie.....Firebird Lounge
 Sunshine Quiz.....Lido Dk 9 Stage
 Ring Toss Competition.....Lido Deck Stage
 Bridge & Card Players Meet unsupervised...Card Rm
 Diving for Pearls..Lido Deck Midship Pool
4:00pm Last Tender from the pier!
 Photo Gallery OpensAtlantic Dk 3
 Formalities open till 6pm.....Dk 3
 Library Open till 5:00pm.....Dk 3
 Live Music on the Deck.....Lido Deck
5:00pm Sail Away from Belize
 Lightning Art Auction.....Lobby, Dk 2
 Jen's LIVE call in Trivia show.....Chanel 17
 Sports Trivia.....Dream Team Sports Bar
 Friends of Bill W/Jimmy K.....Chapel
 Indoor Cycling (\$12 fee).....Deck 10 fwd
 Sea Miles Desk Open.....Dk 2
 Music Trivia.....Legends Cafe, Dk. 2
 6:00pm Guess the price of the Art.....Art Gallery
 Shore Tours Desk Opens till 8:00pm.....Dk2
7:00pm Showtime(Late Seating)Follies Lounge
 Take it or Leave it sale.....Art gallery, Dk3
 Fun Ship Freddy Souvenirs available for purchase...
Deck 2 Lobby
 Gift Shops Open.....Dk 3
 Casino Opens.....Club Merlin Casino
 Formalities open till 10:30pm.....Dk 3
 7:30pm \$500 Blackjack Tournament.....Casino
 Shopping Ashore Desk Opens.....Dk 2 fwd.
 8:00pm Sea Miles Desk Open.....Dk 2
 Karaoke Fun.....Satchmo's Lounge
 8:30pm Powerball \$2100 Bingo!.....Follies
9:00pm Showtime (Early Seating).....Follies Lounge
 Fun Hop **Blue Team** Meet.....Satchmo's
 Fun Hop **Red Team** Meet...Medusa's Disco
 \$500 Blackjack Tournament Final.... Casino
11:00pm Deck Party Fun & Games.....Lido 9
 Circle CSM Disco.....Circle CSM Dk4
 12:00am Disco Opens.....Medusa's Lair, deck 2 aft

In case of an emergency contact:

011-501- 227-8855 or 011-501-610-4886